A Book of Directions

And Cures done by that Safe and Successful Medicine.

CALLED,

Nendick's Popular Pill

Deservedly so called for it's Special Vertues in Curing that Popular Disease the Scurvy.

Which corrupts the Blood

This Pill Cures,

By Cleansing of the Blood,

Purging by Urine, and gently by Stool.

Some Diseases are Familiar to some Nations, which others are free from; as *Leprosie* in *Egypt*, swell'd Throats in the *Alpes*, the POX in some Parts of the *Indies*; so in these Parts our *popular Disease* is the Scurvy

For the Scurvy this Pill is Commended by all People.

It has done so much good, has been Experienced so many years, that you can hardly ask any one what's is best for the Scurvy to take at the Wells, or to carry to Sea, but you will be advised unto this Pleasant Pill for no violent Physick is good for the Scurvy,

A Caution to those not well acquainted with this Pill.

THat you may not mistake by Counterfeit Bills and Papers which may be worded like mine, and so buy the wrong Pills to your prejudice, as some have complained that they have lately been so deceived; therefore take Notice that this Pill was never put out or made by any one but by me, and with each Box is always given one of these Books of Directions, Cures & Observations worth perusal, with my name thus.

By me *Humphrey Nendick*, at the

Two black Posts in *Bell yard* in Great *Carter-Lane*, near St. *Paul's* Church-yard.

The Nature of the Scurvy.

THe *Scurvy* is the *Original* of moſt *Chronick Diſeaſes*, from *ſtoppage* or *obſtructions*, raiſing Vapours that cauſe Swimming and diſſineſs in the Head, Drouſineſs, makes the Body dull and heavy; it alters the Complexions, cauſes Fluſhings in the Face, Worms, black, looſe, & aking Teeth, ſore & bloody Gums, ſtrong & ſtinking Breath, ſtraitneſs of Breath, difficulty in breathing, ready to die, ſour Belchings, waterineſs at *ſtomach*, *wearineſs*, *weakneſs of the Limbs*, *faint ſweats* towards Morning.

Oftentimes cauſeth Barrenneſs, ſometimes Spots, red, bleviſh, or purple in the Legs; in ſome it is like Flea-bites, or itching watry *pimples*, like the ſtinging of *nettles*; it cauſeth windineſs in the veins, cramps, —— alſo heats and prickings in the Blood.

In many the *Scurvy* holds them with violent *pains* in divers parts of the Body, others again only wandring pains, heats, and twitchings up and down; in ſome it breaks out in ſcurff, tettars, dry ſcabs in Head, Face or Body; ſometimes with great Itchings.

How to Prevent and Cure the *Scurvy*.

WHen the *Scurvy* hath got firm footing, it is the worſt of all Diſeaſes, it will be like the *Spleen* in ſome, like a *Conſumption* in another, like the *Gout* in others, like the *Pox* in others, that many that have had it, fear they are ſtill amiſs; becauſe they miſs the right Medicine, not thinking they have the *Scurvy*, which is the cauſe ſo many lie lingring, under ſo many Diſeaſes, and can get no cure; when as now and then taking the Pills, would prevent ſuch Diſeaſes, and preſerve health.

This Pill is the True Antidote againſt the *Scurvy*.

THis Pill diverts that Rhume that falls on the Teeth, pains them, rots and fouls them, makes them looſe, makes the Gums ſore and waſt. This Pill doth abſolutely hinder a Stinking Breath that uſually attends thoſe that have the *Scurvy*.

Spring and Fall being the chief times to purge in, to carry off the Reliques of any Diſeaſe; therefore thoſe that expect Remembrances *Spring* and *Fall* of Diſeaſes & Pains they are ſubject unto, may cure and hinder the old grudges of their Diſeaſe.

This Pill removes all Aches, Pains, and Settled Humours.

M. Tho. Coppers *Wife in* Cantly *in* Norfolk *was lame in all her joynts; ſhe had ſixteen weeks trial of Doctors, and Medicines ſold, yet all in vain; by my Pills was ſo ſpeedily cured, that ſhe rode to* Norwich *to publiſh how great a Cure ſhe had received by theſe Pills.*

M. Forſtal *Grocer in* Canterbury, *with a doſe or two of Pills, cured a Woman, that for Pains, Lameneſs, and other weakneſs, had been bed-rid above a year before.*

The Wife of John Day *of St.* Margets *in* Southelman *in* Suffolk, *was by theſe Pills ſoon eaſed of the* Gout, *and cured of a Dropſical humour and* Scurvy.

This Pill brings away Gravel, and cleanſes the Reins.

BY *Urine* it brings away ſand and Gravel, *cleanſes the Reins* and Bladder from all ſlimy matter, and eaſes any *heat of Urine*, and cures the *Running of the Reins.*

Theſe Pills brought blood, ſlime, and filthy matter, from M. Wormwood *in* Wisbich, *and made his Urine come freely, who was near dead before with ſtoppage of Urine and pain.*

In

In Oundle *or thereabouts, a Friend of* M. Filbridges, *had cure of great Stiches, Vapours and bloody Urine, when left off as past help, by the best Physicians in those parts.*

This is the best Pill for Ulcers of the Kidneys, Reins, or Bladder.

M. Simpson *Joyner, near the* Gatehouse *at* Westminster, *had present good by these Pills for stuff like Lime and Grease came away in water, with pain: he made it into a ball and keeps it; now it is dry, it is hardish like a stone; this Pill carried off this matter.*

Mr. Sy. Forsters *Child in* Newton *near* Wisbich, *had its water stopt so long, that a Surgeon was to force a passage; but by the first dose of these Pills, much filthy bloody matter, and gravel came with abundance of water, and saved the Child, as it has done many since.*

It Cures Bloody Urine, Stoppage of Urine, and Stone,

YOu will have thanks for commending this Pill to any that have a Consumption or wasting of the Kidneys, Stoppage, Ulcer in the Kidneys or Bladder, Bloody Urine; it hinders the Stone from growing, dissolves it Daily and diminishes it.

This Pill cures Vapours, Womb-diseases, and Stoppages.

MOre cannot be done by any Medicine, upon inward wastures of Nature; it strengthens weak backs, staies all moistures or whites, got by any wrench or over strairs, all womb diseases or bearings down that cause barrenness in hundreds.

If any one disclose their Condition to me, that is troubled with any bearing down, I can advise them to cure it, without pain, and so as it shall keep well for ever.

Besides in elder Women that are liable to have Cancers in their breasts, Womb, *Noli me tangere*, and divers Diseases, when the course of Nature is stopt: this Pill hinders them from flying upwards or striking in, and makes them go off kindly: purging with this Pill Carries off these evils which comes from these stoppages.

A poor Woman came from Kilgarren *in* Wales *to lie in* Cardigan, *to get Cure of a sore Distemper, but to compleat her misery, she was left penniless, and uncured; yet by a Box of my Pills, which were given her by* Mr. Griffith *in* Cardigan, *she was Cured; they did expel wind, brought away store of Gravel, Water, and Blood, and she returned home well, that in three years before had not had the right benefit of Nature, much more might be said.*

It cures old Sores, the Evil, Swellings, & Breakings-out.

THis Pill Purifies the whole body by purging, and Sweetning the Blood by which way it mightily hastens the Cure of *sore Breasts, sore Throats, Piles, scald Heads, Scabs, Old sores. It kills any Tettar, and all sorts of breakings out or salt Humours whatever.*

In Dublin *was Cured Judge* Halseys *son of the* Kings-evil, *he had been touched many Years before, the sores was verily thought incureable, but my Pills fails not in that Cure.*

One whole Box of Pills cured Mrs. Katherine Basket *of* Cranbourn *of a salt Tettarish Humour she had many Years Spring and Fall, and extreamly stopt up with Phlegme.*

By these Pills William Kirk, *the Countess of* Lincolns *Gardiner was cured, when his Arm and Hand began to rot, by an Humour as fell into them, and saved the use of his Hand.*

Directions for Purging, Letting-Blood, and Issues.

PUrge with this Pill after the *Small Pox, Agues*, or a fit of Sickness, Purge those that come out of the Country or from Sea, if you intend to be let blood, Purge, a Day or two before, or dry up an Issue, this Pill by Purging makes Issues run well.

For old Bruiſes, Colds, Surfeits, and all inward Griefs.

THis Pill brings away clotted Blood, Filth and Matter by Stool and Urine, whereby many inward Diſeaſes have been cured, as Impoſtumes, Falſe Conceptions Ulcers in the Bladder, and Womb, and hurts occaſioned by inward bruiſes or Old Colds and Surfeits of many years ſtanding, which otherwiſe muſt have ended in Death

This Pill carries off the very Matter that breeds Worms in Old or Young.

A bunch and one link of Worms knotted, above five yards and a half long, came away by the Pills; This account came from Mr. *Daniel Treacher in* Sarrat.

For over-Fatneſs, Pimples, and Heat of the Liver.

FOr thoſe that are inclining to be too fat, or overmuch ſweating or be too high coloured, and Subject to have Pimples, heat in their hands, or Soles of the Feet, nothing better to reſtore the Complection, when loſt by the Green-ſickneſs, or *Scurvy*.

For all Diſtempers of the Head and Stomach

AS *Head ach Vertigo and lightneſs of Head. Noiſes and Hard hearing, Rheumy Eyes or Impoſtumes*; helps bad digeſtion, Vomiting, or any thing amiſs at the ſtomach. It's beyond any Medicine for thoſe Naturally bound or hot bodied, which is bad for the Head, being uſed by many for that purpoſe to keep the body looſe and open.

Mrs. Kirton *in* Glean-Alley *in* South-wark *cured of pain in the Head and bad Eyes.*

The Cure of a ſore Breaſt, Impoſtume, and Head-ach.

CUred a *Woman in* Chard *left off by two Doctors, becauſe the* Scurvy *had brought her unto a Hectick Conſumption, her Breaſts ſwelled ſo hard that one that uſe to draw Breaſts could not but wiſhed her to try theſe Pills, which preſently brought away an Impoſtume that run out of her Ears, and cured her of an Old Head ach ſhe had from a Child: She has had a Child or two ſince this Cure, and is ſtill very healthy, her Breaſt and Head remain well.*

Collick-ſtones brought away by theſe Pills.

THe *Wife of Mr.* Ives *Hat Maker in* Cowlane *in* Weſt-Smithfield *had many ſtones came away by ſtool, one ſtone very big and troubleſome; the Pills Purged very kindly; next time came away many other ſmall ſtones by Urine, by* Gods Bleſſing *thereon.*

This Pill aſſwages Windy Ruptures, *and great* Swellings *of the Cods, where Truſſes do no good, it always doth good, it allays* Vapours Riſings, *and Fits of the* Mother, *or* Collick, This Pill helps the Spleen, Stiches, *Running Pains, or any Windy Humour.*

Other Remarkable Cures.

BY *the uſe of theſe Pills,* Thomas Whitehead *of* Bruton, *was cured of a great Pain at his ſtomach that had afflicted him above* 20 *Years, after other Pills had fail'd.*

A School Mrs. *above fourſcore, in* St. Margat Southelman; *her fleſh peel'd and was like a Lepar, her Thighs, and Leggs turn'd black and ſwell'd one Leg as big as two; was given over by the Doctors thereabouts. Yet ſhe was recovered by theſe Pills, and remains well.*

A Man 72 *Years Old, all his Body ſwell'd to his Face, had a great Cough. ſpit Blood, the Phlegme ſo clammy, he could not get it out without help, he was ſo weak, a few of theſe Pills he had from* Mrs. Atkins *in* Chard, *they recovered him, when all yielded him for Dead.*

A Gentleman of 65 *who had long loſt the uſe of his Arm, and could not lift a Cup to his Mouth, had the uſe of his Limbs by a few Pills he had of* Mr. Thomas *of* Sallop. *In*

In Wallum-Green *near* Fulham, Mr. Buckels *Child had a ſalt Humour in his Legs, and other ſwellings, that run like a Tap, and could not be ſtopped; it was born with it, but was Cured by this Pill, and is now very well and luſty, for they are falſe and ſure for Children.*

This Pill is very proper for a Looſneſs, the Pyles, or Bloody Stools,

Over fulneſs of Blood and Humors, or if the blood be too thick or too hot.

Thoſe that have ſold my Pills any time, can inform you what Cures have been wrought thereabouts, for one tells and adviſes another to theſe Pills for the Scurvy. *And they do much good which encourages Doctors themſelves, as well as other People to ſend for my Pills by the Carrier or Poſt, when thoſe that ſell my Pills are long without, which tis not my fault.*

He that hath this Pill at Sea hath his Doctor with him.

FOr ſuch as go to Sea this Pill cannot be valued, or for any that live near the Fens or Sea-coaſts, who are of all People the moſt afflicted with the Scurvy; a better cannot be carried to Sea: For any Diſeaſe, and it laſts good the longeſt Voyages.

The Abſtract of a Letter from Mr. *George Macey* Merchant in *London.*

Point *Cagua* 14. *Jan.* 1672. *Jamaica.*

Dear Doctor, *This to to acquaint you how happy I was in taking a few Boxes of your* Popular Pill *with me to Sea, our Doctor being ſick, his Mate Dead, and others ſick aboard I uſed this Pill and recovered the Ships Company; next our Doctor and three more Drinking Palm Wine aſhore, had a* Fettiſh *given them it is a weed that the Blacks bruiſe and keep under their Nails, and infect the brims of their* Calabaſh *or Cup, and ſo poyſon any they bear a grudge unto, that they dye what time after they deſigne; I uſed this Pill again, and recovered them, and was courted for it, but ſpared none unleſs to* Min Heer Van Ganſopoel *General of* Morea *Caſtle; I wiſh I had a good quantity, they would turn to account; this Pill cannot be extolled beyond its worth;* This by Capt. *John Collins* of the *Province.*

Let them confide in this Pill, that have had thoſe Poyſonous Diſeaſes the *Pox*, or *Running of the Reins*, had it ſtopt too ſoon, and fear they are not well Cured.

And to juſtify my Pill above any other for this Cure, take this account following.

A Tryal in the Marſhals Court *in* Southwark, *October*, 29. 1675.

The Councel moved that it was work enough for a Colledge of Phyſician to make Thomas Rotland *a ſound Man; then the Witneſſes ſwore, that* T. Rotland *had been Purged, Blooded, Sweated, Salivated, Fluxed Diet-drinked, and had his Shins laid open, and foul bones taken away, and left off as paſt the help of Man, yet chiefly with my Pills was made well of this foul Diſeaſe, and hath remained perfectly well this* ten *Years without relapſe.*

This was Sworn upon the Tryal in open Court as may be found upon Record.

Mr. *Urwin* of *Cliffords-Inn* was the Defendant, *Rotland's* Attorney.

This Pill cures this Diſeaſe in any Country.

WIth theſe Pills in a Fortnights time I Cured a Man, whoſe Yard rotted off; is ſufficiently known in *Scroops Court*, againſt St. *Andrews* Church in *Holborn*, *London*, it was a ſmall thing at firſt; had he come to me, or brought a few of theſe Pills, he had prevented it, but it was run too far, and ſpoiled before he came.

If you have *Scabs*, *Shankers*, *Sores*, Breakings out or *Swellings*, and you would have a ſpeedy Cure, ſend, for I can help you at any diſtance or come and diſcover your Condition to me, for I never fail the Cure of that Diſeaſe, if its to be Cured by Man.

The

The uſual Seaſons and times to take theſe Pills.

Take theſe *Pills* Spring and Fall, to purge the Blood, or whenſoever it is fine open Weather, to keep off the Scurvy, or purge the Reins, or now and then after hard Drinking; nothing better to carry off ill Humours, or danger of a Surfeit.

Theſe *Pills* may be taken in any Seaſon, in any Climate or for any new diſeaſe.

This Pill procures a ſound Habit of Body, by purging the Blood.

'Tis no loathſome great Pill; and never leaves the Body bound afterwards.

Why theſe Pills are ſo uſually taken at the Wells.

When the Pills were found ſo ſafe and rare at cleering the Reins, and Purging by Urine, many people would take the Pills before & when they were at the Wells, and after at the Waters, they Cure many people, by purging by Urine Cleanſing the Reins, and bladder or Sweat, when drinking of the Waters and the Bath fail.

What doſe may be given to Children, or Weak people.

Thoſe that purge their Family with theſe Pills in the Spring and Fall, may alſo give their Children one Pill, two, three, or four Pills, according to the Childs ſtrength. I gave my Daughter *Mariamne* 3 Pills at 3 Years Old, which Cured her of a great looſneſs, and weak bed rid, Conſumptive people if they take the Doſe as beſt agrees with their ſtrength, will quickly find it a healing Balm unto them & ſtrengthen the back.

What doſe may be given to Women with Child

Women with Child may take this pill now and then without fear of miſcarriage, but it helps where weakneſs cauſes miſcarriage or barrenneſs; beſides it mends the Blood and Milk, and keeps their Children from Hereditary Diſeaſes and ſcurvy

They are mighty good for hurt got by cold in Lying in, or for any one diſtemper'd from thoſe ſtopt or ſtruck in, or have few and pale, it brings them freſh and well, taking a doſe or two before the time; whereby *Swellings*, *Tettars*, *Pimples*, *Breakings out*, *Stoppages*, the *Green-ſickneſs*, Swellings of the Leggs and other ills are prevented.

The general Rules and order of *Diet*.

Eat no Salt or windy Diet, or drink *intemperately* in any Cure, but eſpecially drink no Claret, *in Ulcers of the Kidneys*, *Gravel*, *Heat in Urine*, *pricking pains*, *or Running of the Reins*; although many are Cured, without obſerving any Order at all, but to take the pills in the largeſt doſe and conſtantly all the time of the Cure.

White-wine, Whey, Ale, Mead, or any mild drinks are good in Stoppages of Urine, Heat or Foulneſs of the Reins, this pill cures the Whites, from any ſtrain or otherwaies.

This Pill is above all for cooling and cleanſing the Reins.

All People Commend theſe Pills, far beyond what is expreſſed in this Book.

More cannot be done for the *Scurvy*, *all ſorts of Dropſies*, *and white ſwellings*, *or where the Fleſh pits*, *the Jaundice*, Green-ſickneſs, *Stoppages of Stomach*, *Kings-evil*, *Agues*, *Joynt pains*, *Aches*, *Scabs*, *Tetters*, *Swellings*, *and all Heat and Foulneſs of Blood.*

The *Running of the Reins* or an Iſſue got by a ſtrain or otherwiſe, in Man or Woman, purge well with theſe Pills to keep it from a worſe Diſtemper and ſoon Cure it.

Children infected by this Diſeaſe, or by what way ſoever, I can Cure them.

I can perfectly Cure a Gonorrhæa Lachrimalis, *or* Gleet, *in any Man.*

Note, *Its a diſeaſe got many ways, and many ſober perſons have eſcaped the ſin, yet have not eſcaped the diſeaſe, therefore I have wrote ſo much, for the Pills will keep thoſe infected from being ſpoiled themſelves, or from infecting others, by purging away the Infection.*

This Pill by curing the Scurvy, Cure moſt Diſeaſes.

The Full Directions.

How and When to take theſe Pills.

TAke five Pills going to bed, after a light Supper, ſwallow them one by one or all at once, in pap or roſted Apple, Honey, Conſerve, or a ſpoonful of Drink, or in Sugar, or how you can beſt take them, no danger comes by ſleeping upon them, for then they give a breathing Sweat, and ſearch all parts, make you brisk & hungry.

How to order your ſelf in taking theſe Pills.

TAke them two Nights together, and miſs a Night or two, or take one Night, and miſs a Night or two, but they will not work till the Morning, and then drink ſomething warm, but eat no Meat till Noon, you may go about you occaſions.

How many may be taken at once, and if they Vomit.

THey are ſuch moderate Phyſick, and ſo ſafe that you may take ſix Pills or more, if you can bear them, *but they never Vomit*, unleſs the ſtomach be foul, and could not be diſcharged any other way, for they work only as the Humours are.

Whether the Pill do Gripe.

THeſe Pills gripe not unleſs there be much windy Matter to work upon, and never makes ſick unleſs it meets with ſome Obſtruction, or opens ſome old ſtoppage, which muſt be an exceeding benefit to Nature, either to Old or Young.

How long the Pills may be taken together.

OFtentimes one doſe doth a great Cure, yet ſome may not find it ſo ſoon as others, for the worſer the Diſeaſe is, the longer muſt the Pills be followed, and no doubt with a thorow trial they will work the ſame Cures again and again.

How many ways the Pill works.

THe Pills do purge very kindly by ſtool, yet effectually, they will not weaken, for violent Phyſick is bad in the *Scurvy*, they purge the Blood, cleanſe the Reins by Urine, expel Wind, and give eaſe and reſt in Pains by breathing Sweats.

Why the Pills work not alike at all times.

WHen theſe *Pills* work not as you expect, reſt a day or two longer, take a larger doſe, or bruiſe them next time; for Nature cures not always by Stool; yet even then when they ſcarce purge, they do lie in the Body, and do hurt; but cleanſes the Blood, or works ſome otherways, as Nature is moſt inclined.

Its

Its the best *Purge* at Land or *Sea*, for the *Scurvy*.

THat many will make no Voyage or scarce a Journey without carrying these Pills with them, which for their Infallible Operations are used at the *Lazaretto*, and *Incurabile* in *Venice*, being found the only Curer of that Popular Disease the *Scurvy*.

The price of the *Pill*, the best and cheapest of all *Physick*.

THe whole Box of Forty Pills, one more or less is Three Shillings, the Half Box of Twenty Pills, one more or less is Eighteen Pence, each Tin Box is Sealed with two Crosses and a Demi-Griffen, with each Box of Pills is given this Book of Directions.

These Pills are Sold by these Persons Following.

In *Ipswich* by Mr. *Wilkenson* in St. *Peters*
In *Guilford* by Mr. *John Bettes* a Barber
In *Farnham* by Mr. *Fryer* distiller & at *Aulton*
In *Margett* by Mr. *Mackrith* a Grocer
In *Ramsgate* by Mr. *Faireman*
In *Gravesend* by Mr. *Clark* at the Coffee-house
In *Maidstone* by Mr. *Churchil*
In *Goudhurst* by Mr. *Richard Puxty*
In *Burnham* by Mr. *Brown* sales man
In *Yarmouth* by Mrs. *Hester Brooks*
In Norwich by Mr. *Pepys* near the Elm
In *Weymouth* by Mr. *Reed* a Grocer
In *Andover* by Mr. *Butcher* (Bookseller
In St. *Edmonds-Bury* by Mr. *Chamberline*
In *Beckells* by Mr. *Will. Cutlove* a Draper
In *Cookfield* by Mr. Sturt
In *Plymouth* by Mr. *Northcote* a mercer
In *Darford* by Mr *Hubhart* at the Threadshop
In *Rygate* by Mr. *Tho. Hills* a Shoemaker
In *Pulham* by Mr. *Henry Brett* (cer
In *Sudbury* in *Ballendon street* Mr. *Jones* Gro-
In *Wells* by Mr. *Nicholas Painter* (street
In *Bristol* by Mrs. *Hibert* at 2 black posts small
In *Chiping Sadbury* by Mr. Ady a Barber
In *Newport* by Mr. *Thomas Young* a mercer
In *Gloucester* by Mr. *Ludlow* Mr. *Bell* Milliners
In *Tuxsbury* by Mr. *Joseph Sheene*
In *Ledbury* by Mr. *Lunt* Book-seller
In *Kington* by Mr. *Evans* a mercer
In *Shepton mallet* by Mr. *Bartlet* at red posts
In *Bruton* by Mr. *Penny* a Barbar.
In *Lemstar* by Mr. *Hardwick* a Glover
In *Hereford* by Mr. *John Nicholas* a Chandler
In *Sallop* by Mr. *Sam. Thomas* a mercer
In *Monmouth* by Mr. Mainstone a Barber Sur.
In *Wrexham*
In *Tedbury* by Mr. *Mathew* Beale a mercer
In *Bidiford* by Mr. *Josias Elliot*
In *Chard* by Mrs. *Anna Atkins*
In *Taunton* by Mr. *Robert* Button a mercer
In *Denby* by Mr. *John Foulks* a mercer
In *Dublin* by Mrs. *Hyot* a Stationer on cork hill

But in all places in *Ireland* the half box is one and twenty pence, the whole box 3 *s.* 6 *d.*

MAny buy these Pills to give their Friends a long with them to Sea, or to send to their Friends in the Countrys.--Therefore any as desire to sell these Pills in any other Town in *England* or in any parts beyond Sea; may be furnished with them.

By me *Humphrey Nendick* with any quantity of these Pills reasonably.

These *Pills* will be delivered unto any Messenger at my own House at the two Black *Posts* within *Bell-Yard* in Great